

# *Soul Ignited*

*Engage*

*Explore*

*Expand*



*Join online for inspiration, interaction, and effective tools to support real and profound change!*

Discover how the meditation practice and seminars we offer can help you:

- Break through obstacles
- Open your heart
- Uncover your passion
- Directly connect to the realm of Spirit

**DATE:** Every 2nd Monday of the month

Upcoming dates: May 8, June 12, July 10

**TIME:** 7 - 8 pm (MT)

*Sharon Heller will facilitate this free, live webinar.*

**Register Now!**

Offered by CENTER of

**THE GOLDEN ONE®**

